



Traveling to Beach House

Traveling can be a daunting step in the recovery process so we've put together this simple list that will help you make the transition effortlessly. While our staff will meet you upon your arrival, below are the key items to keep in mind as you make your way here. If any issues should arise, make sure to contact me immediately as I can help navigate you through this process. If for whatever reason I'm unavailable, you may contact our Admissions Support team at 561-277-6709.



Identification

Bring at least one form of government issued ID with you.



Pack Light

Carry on luggage is always the best option however if you need bags checked, try to keep it to 1 or 2 bags at most. [Here's a link to our recommended packing list.](#)



Communication

Make sure you are in communication with me throughout the process. A phone call or text when you are on your way to the airport, and before and after you land, helps us in ensuring our team is there to pick you up as soon as you arrive.



Timing

Arrive at the airport about 2 hours before your departure time in order to ensure there are no delays; this gives you ample time to get through security as well.



Clarity

We understand this is a very scary and stressful step, but we've had to help clients who are not allowed to board their plane because they're too intoxicated per the airline and airport staff. Do your best to try to not arrive at the airport highly intoxicated. You need to be able to speak clearly and move through the airport and security without assistance.



Ticketing

If we assisted you in the purchasing of your ticket, make sure you know which airline desk you should be going to. Simply walk up to the ticket counter, offer them your name and your ID, and they will provide you with your ticket.



Layovers

Be aware of your "Next Departure Gate" and don't leave the airport. Remember, you can always ask an airport employee for assistance.



Extra Money

Beach House cannot assist you with the cost of any checked baggage. Be sure you have additional funds to pay the typical \$25-\$50 for checking a piece of luggage under your plane.

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Beach House Center for Recovery Website

