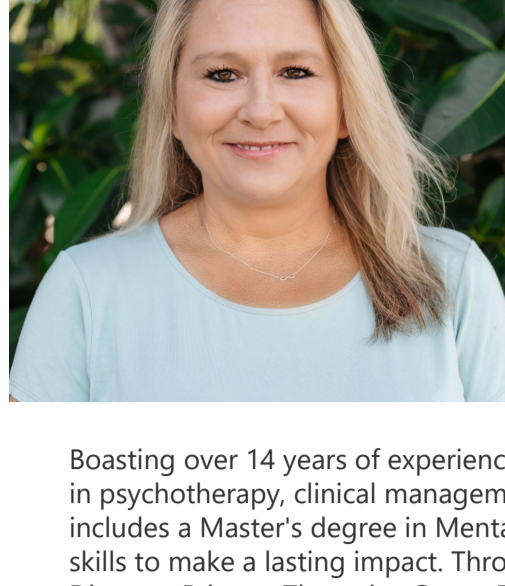


Our Team

We firmly believe that the right people will help you unlock your own life purpose and passion. That's also why we've spent so much time and energy building a team whose purpose and passion are contagious, and whose experience in the field of addiction and recovery is unrivaled. Our team is not just good at what they do, they are passionate about what they do and consider it only a great honor and joy to help clients find freedom from addiction.

LESLIE WILLIAMS, LMHC, MS, CCTP, CSTS

EXECUTIVE CLINICAL DIRECTOR



Leslie Williams, LMHC, MS, CCTP, CSTS, NCC, C-CP, QS, serves as the Executive Clinical Director at Beach House Center for Recovery, a nationally recognized provider of behavioral health treatment. With a deep commitment to quality care and a compassionate staff, Leslie plays a vital role in ensuring innovative and comprehensive treatment for patients.

In her capacity as Executive Clinical Director, Leslie assumes responsibility for overseeing the delivery of patient care and the daily operations of the program. She ensures thorough reviews of research and testing for each individual patient, enabling the treatment team to develop a well-informed conceptualization and plan of treatment. Leslie's dedication extends to working with veterans and first responders, a cause close to her heart due to the presence of many veterans in her own family.

Boasting over 14 years of experience in the behavioral health field, Leslie possesses a wealth of expertise in psychotherapy, clinical management, and mental health counseling. Her educational background includes a Master's degree in Mental Health Counseling, equipping her with the necessary knowledge and skills to make a lasting impact. Throughout her career, Leslie has held various roles such as Clinical Director, Primary Therapist, Group Facilitator, BHT Supervisor, Case Manager, Clinical Support, and Clinical Supervisor. She is well-versed in conducting psychometric testing, providing comprehensive assessments for addiction, eating disorders, depression, anxiety, PTSD, and other common stressors faced by individuals, families, and groups.

As a native of Florida and with 15 years of sobriety under her belt, Leslie finds inspiration in the words of Eleanor Roosevelt: "You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing you think you cannot do." Drawing from this wisdom, Leslie motivates the Beach House team to approach patients with empathy and compassion, while challenging them to confront the addictive patterns of behavior and thinking that hinder long-term sobriety.

Leslie Williams's leadership as the Executive Clinical Director at Beach House Center for Recovery is instrumental in fostering an environment of healing and growth. With her extensive clinical knowledge, compassionate approach, and personal experience with addiction, she remains dedicated to empowering individuals on their journey to lasting recovery.

MICHAEL SLIFER, MD, PhD

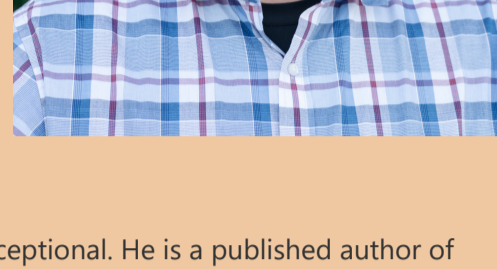
MEDICAL DIRECTOR

Dr. Michael Slifer, MD, PhD, is a highly esteemed medical professional serving as the Medical Director at Beach House Center for Recovery. With a career spanning over 21 years, Dr. Slifer plays a pivotal role in directing and overseeing patients' medical care within our detox and treatment programs. His expertise encompasses the administration of medication-assisted treatments and the treatment of dual diagnoses, addressing both substance use disorders and co-occurring mental health conditions.

As a triple Board Certified Psychiatrist in Addiction Medicine, Psychiatry and Neurology, and Geriatric Psychiatry, Dr. Slifer brings a wealth of knowledge and experience to his role. Additionally, his PhD in Genetics and academic background as a former teacher at the Miller School of Medicine at Miami University further enhance his understanding of the intricate connections between genetics, mental health, and addiction.

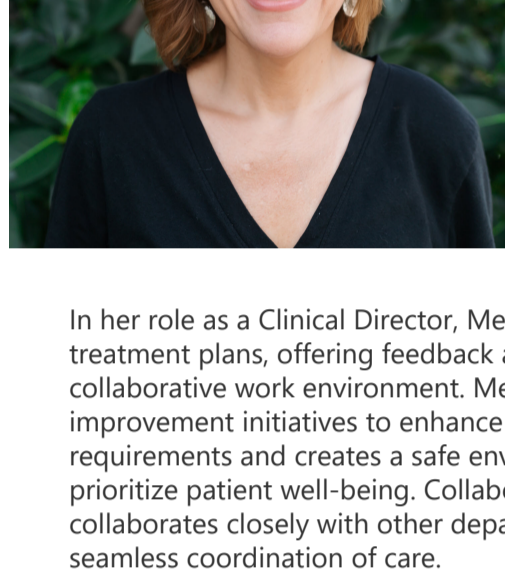
Dr. Slifer's contributions to the medical field are nothing short of exceptional. He is a published author of two books and has been featured in numerous peer-reviewed journals, showcasing his dedication to advancing the understanding and treatment of addiction. Notably, Dr. Slifer's research efforts have been recognized by the National Institutes of Health (NIH), receiving funded grants on three separate occasions, totaling over 2.5 million dollars. His commitment to evidence-based practices and his pursuit of cutting-edge research greatly benefit our Treatment Team and enhance the quality of patient care provided at Beach House.

Beyond his remarkable professional achievements, Dr. Slifer is widely regarded as a compassionate and caring individual within the industry. His genuine concern for those suffering from addiction is evident in his approach to patient care and his steadfast commitment to improving the lives of individuals on their recovery journey. Beach House Center for Recovery is honored to have Dr. Slifer as a crucial member of our Treatment Team and leading our Medical Department. His expertise, leadership, and dedication to providing outstanding patient care ensure that our programs are at the forefront of medical advancements in addiction treatment. We are grateful for Dr. Slifer's presence and the invaluable contributions he makes to our mission of helping individuals achieve lasting recovery.



MELLISSA SLOAN, LMHC

CLINICAL DIRECTOR



Melissa Sloan brings 15 years of experience to her role as Clinical Supervisor. She holds a Master's degree in Counseling Psychology from Western Michigan University and is a Licensed Mental Health Professional equipped with extensive training in Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT). These therapeutic approaches have equipped her with the necessary tools to effectively address trauma, depression, anxiety, and other mental health disorders.

Throughout her career, she has traversed various settings, including community mental health in GA and providing home-based services to families involved with the Department of Children and Families. Melissa's expertise extends to working with individuals of all ages, including children, families, couples, young adults, and seniors.

In her role as a Clinical Director, Mellissa conducts regular supervision sessions to review patient cases and treatment plans, offering feedback and ensuring the delivery of effective interventions while fostering a collaborative work environment. Mellissa's actively engages in audits, reviews, and implements improvement initiatives to enhance treatment services. She ensures compliance with regulatory requirements and creates a safe environment for patients. In times of crisis, Mellissa provides support to prioritize patient well-being. Collaboration and coordination lie at the heart of Mellissa's work. She collaborates closely with other departments and professionals within the treatment center to ensure seamless coordination of care.

With Mellissa's extensive experience, compassionate approach, and dedication to excellence, she plays a crucial role at Beach House Center for Recovery. Mellissa is deeply aligned with the Beach House philosophy of providing compassionate and caring treatment to individuals struggling with addiction. Her dedication to helping people heal and recover is evident in her everyday work and the positive impact she has on our patients.

ANDROMADA BROOKS, LMHC, MS, CAP

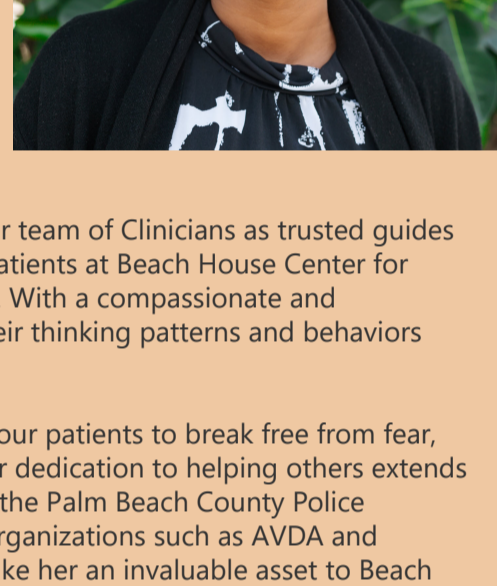
CLINICAL DIRECTOR

Andromada Brooks, LMHC, MS, CAP, is an experienced and compassionate leader who serves as the PHP Clinical Director at Beach House Center for Recovery. With her licensure as a Mental Health Counselor and certification as a Certified Addiction Professional in the State of Florida, Andromada has dedicated over 8 years to supporting individuals on their journey to recovery.

Throughout her career, Andromada has had the privilege of working in diverse settings, providing her with a profound understanding of the unique needs and challenges faced by our patients. She has worked with individuals, couples, and families from various cultural backgrounds, addressing a wide range of concerns including life changes, self-discovery, self-esteem, anxiety, addiction, domestic violence, depression, relationship issues, grief, and loss.

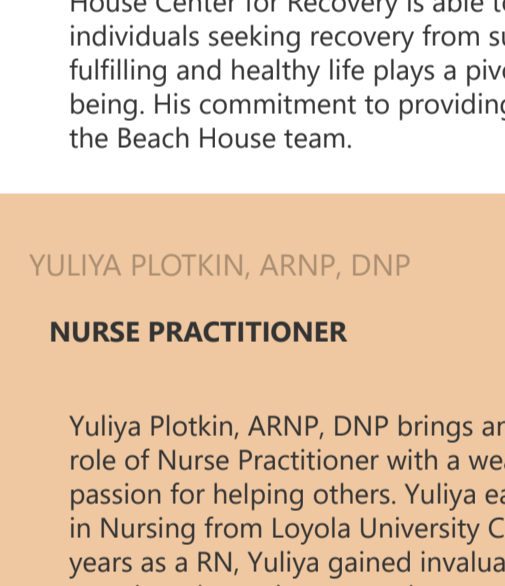
Guided by her passion for her work, Andromada sees herself and her team of Clinicians as trusted guides on the patient journey. They are deeply committed to helping the patients at Beach House Center for Recovery address, explore, and create positive changes in their lives. With a compassionate and supportive approach, her team encourages patients to challenge their thinking patterns and behaviors that no longer serve them, fostering healing and personal growth.

As a beacon of light on the path to healing, Andromada empowers our patients to break free from fear, confront their truths, and illuminate their path towards recovery. Her dedication to helping others extends beyond her role at Beach House, as she has previously worked with the Palm Beach County Police Department on the Domestic Violence Unit and collaborated with organizations such as AVDA and Homesafe. Andromada's expertise and unwavering commitment make her an invaluable asset to Beach House Center for Recovery. Her compassionate guidance, extensive experience, and leadership skills ensure that individuals who seek treatment at Beach House receive the highest level of care as they confidently embark on a transformative journey of healing and self-discovery.



LANCE CHAYKIN, PA-C

PHYSICIAN ASSISTANT



Lance Chaykin, PA-C, is a highly skilled medical provider with a deep commitment to providing exceptional care to the patients at Beach House Center for Recovery. Lance completed his education at Nova Southeastern's Physician Assistant program in 2000 and has since accumulated 23 years of diverse medical experience across various disciplines, including internal medicine, endocrinology, and physical medicine and rehabilitation.

In 2010, Lance discovered his true calling in treating patients who are seeking recovery and decided to specialize in detoxification and addiction medicine. For the past 13 years, he has focused his expertise on residential treatment programs that specialize in substance use disorders. Lance's extensive medical knowledge, combined with his compassionate and empathetic nature, makes him an invaluable asset to Beach House.

His commitment to delivering comprehensive medical care extends beyond addressing immediate health concerns. Lance is dedicated to serving as a strong support system for individuals on their journey to recovery from an unsafe lifestyle. With Lance's exceptional expertise and unwavering dedication, Beach House Center for Recovery is able to provide comprehensive and compassionate medical treatment to individuals seeking recovery from substance use disorders. Lance's passion for helping others rediscover a fulfilling and healthy life plays a pivotal role in guiding patients towards long-term sobriety and well-being. His commitment to providing exceptional care and support makes him an invaluable member of the Beach House team.

YULIYA PLOTKIN, ARNP, DNP

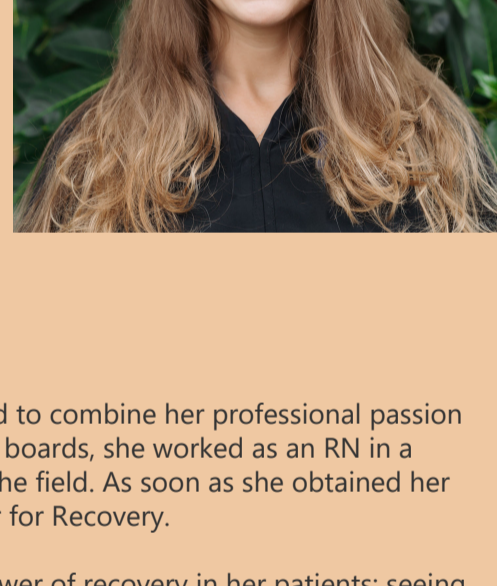
NURSE PRACTITIONER

Yuliya Plotkin, ARNP, DNP brings an impactful perspective to her role of Nurse Practitioner with a wealth of experience and a passion for helping others. Yuliya earned her Bachelor of Science in Nursing from Loyola University Chicago. Throughout her 9 years as a RN, Yuliya gained invaluable experience in palliative care, inpatient telemetry, primary care medicine, hospice, and medical/surgical units. This diverse background equipped her with a comprehensive understanding of patient care and a holistic approach to treatment.

She then pursued her Master of Science in Nursing and Doctor of Nursing Practice degrees at RUSH University Medical Center. After completing her DNP, Yuliya found herself struggling with deep depression and insomnia. In her pursuit of self-treatment, she turned to alcohol. Recognizing the darkness she was in, Yuliya sought help from her family and embarked on a transformative year in Israel, where she found sobriety. This personal experience ignited a profound desire to share the gift of recovery with others still trapped in the shadows.

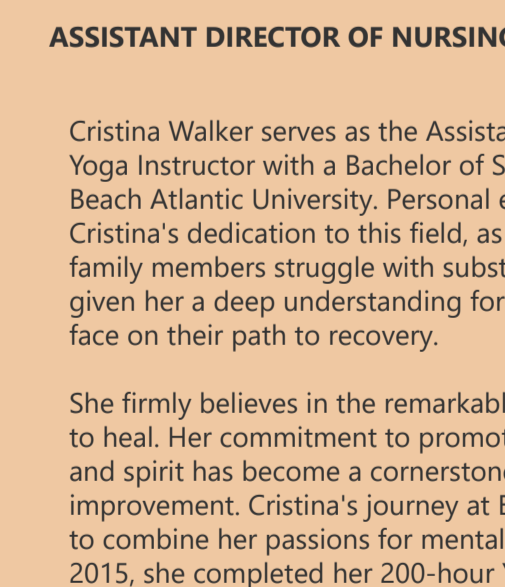
Driven by her newfound joy, happiness, and freedom, Yuliya decided to combine her professional passion with her personal journey. While studying for her Nurse Practitioner boards, she worked as an RN in a treatment facility, an experience that solidified her commitment to the field. As soon as she obtained her ARNP license, Yuliya eagerly joined the team at Beach House Center for Recovery.

Yuliya finds immense fulfillment in witnessing the transformative power of recovery in her patients: seeing the light return to their eyes, the color to their cheeks, and the smiles on their faces. Her personal mantra reflects her commitment to personal growth and accountability: she understands that she can only control herself and her reactions to people and situations. Each day, Yuliya wakes up with a conscious decision to be sober and to show up for the world with positivity and determination. Yuliya's journey fuels her compassionate and dedicated approach to patient care. With her expertise, empathy, and firsthand experience, she makes a profound impact on the lives of those seeking recovery at Beach House Center for Recovery.



BOBBIE ROGERS, RN, BSN

DIRECTOR OF NURSING



Bobbie Rogers is a dedicated nurse with nearly 35 years of experience. Her journey as a nurse has been one of profound purpose and unwavering commitment to helping individuals find healing and hope. Since joining Beach House Center for Recovery as the Director of Nursing, Bobbie has been impressed with the team here since day one. She's proud to be among so many caring, professional, and skilled medical professionals.

With 7 years as a hospice nurse and 8 years as an adolescent psych nurse, Bobbie has chosen to dedicate the past decade of her career to the pursuit of addiction medicine. This decision was fueled by a fierce passion. At Beach House Center for Recovery, Bobbie's role as the Director of Nursing ensures that every patient receives the highest standard of care.

Her wealth of experience in hospice care has gifted her with the ability to understand the most challenging moments of life. Similarly, her time with young individuals grappling with mental health issues has given her a profound respect for the unique needs of those seeking healing. Her dedication to those struggling with addiction is fueled by an indomitable spirit and an unyielding belief in the transformative power of recovery. Her team thrives on excellent communication between departments to ensure the best possible individualized treatment for our patients. Every day, she fosters a healing environment of support for the nursing team, empowering them to make a difference in the lives of the patients they serve.

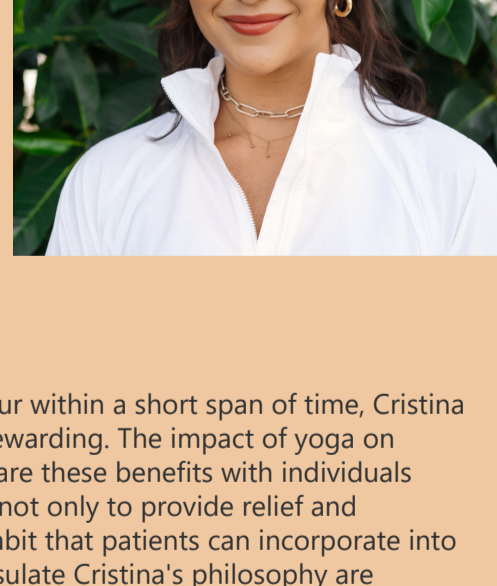
CRISTINA WALKER, RN, BSN

ASSISTANT DIRECTOR OF NURSING & YOGA INSTRUCTOR

Cristina Walker serves as the Assistant Director of Nursing and Yoga Instructor with a Bachelor of Science in Nursing from Palm Beach Atlantic University. Personal experiences have shaped Cristina's dedication to this field, as she's witnessed her own family members struggle with substance use. This connection has given her a deep understanding for the challenges that individuals face on their path to recovery.

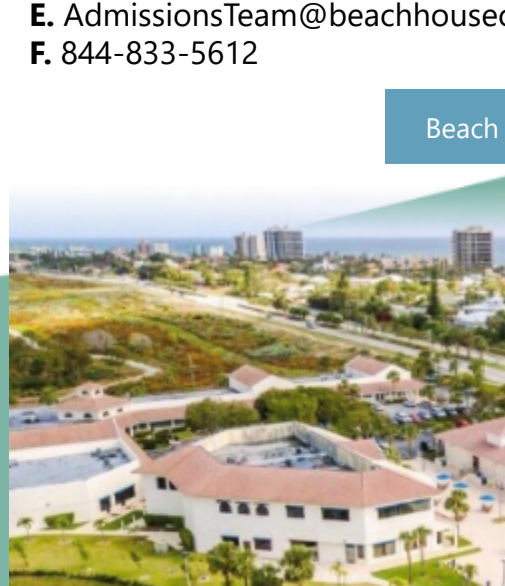
She firmly believes in the remarkable potential of the human body to heal. Her commitment to promoting a balanced mind, body, and spirit has become a cornerstone of her approach to health improvement. Cristina's journey at Beach House has allowed her to combine her passions for mental health and yoga wellness. In 2015, she completed her 200-hour Yoga Teacher Training in Bali, Indonesia, solidifying her expertise in yoga and mindfulness practices. For the past four years, she has been teaching yoga and providing Sound Therapy to patients at Beach House, sharing the benefits of these practices with both patients and staff alike.

Passionate about witnessing the incredible transformations that occur within a short span of time, Cristina finds her job here at Beach House Center for Recovery immensely rewarding. The impact of yoga on Cristina's own life has been profound, and she feels privileged to share these benefits with individuals during the challenging times they face in their recovery. Her goal is not only to provide relief and relaxation during their stay at Beach House but also to cultivate a habit that patients can incorporate into their daily routines upon leaving the center. Two mottos that encapsulate Cristina's philosophy are "presence is the best present" and "movement is medicine." These principles guide her interactions with patients, encouraging them to be fully present in their recovery journey and highlighting the importance of physical activity and self-care.



JEREMY MAYFIELD SR.

DIRECTOR OF BEHAVIORAL SERVICES



Jeremy Mayfield Sr. graduated with a Bachelor of Science in Criminal Justice from Grambling State University intending to pursue a career in law enforcement. He began working as a probation officer, where he encountered numerous juveniles in jail systems struggling with substance abuse and mental health challenges. Witnessing these early chapters of addiction in young lives left a lasting impression on Jeremy. Upon relocating to Florida with his family, Jeremy's career trajectory shifted as he discovered a new passion. He desired to play a part in shaping the later chapters of an addict's life—the chapters of recovery.

Over the past 12 years, he has assumed various roles, including Case Manager, Case Manager Supervisor, and Program Manager, within the field of substance abuse treatment.

During his tenure as the Program Manager at Beach House Center for Recovery, Jeremy played a pivotal role in introducing sober activities and events beyond clinical programming. Previously, these programs lacked such outings, but under his leadership, patients were able to experience the joy of sober fun and leading fulfilling lives. The structures he implemented have become an integral part of our transitional outpatient programming and continue to thrive.

Given his accomplishments in his previous role, Jeremy's transition to the position of Director of Behavioral Services was a natural fit. His extensive experience and profound understanding of the patient population make him the ideal leader for our team of behavioral health technicians. Guided by Jeremy's compassionate approach, these technicians provide round-the-clock active support and care, fostering an environment of kindness, growth, and healing. As the Director of Behavioral Services, Jeremy combines his expertise, empathy, and unwavering commitment to effect positive change in the lives of our patients. Jeremy's passion for creating a meaningful impact makes him an extraordinary asset to Beach House Center for Recovery.

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Beach House Center for Recovery Website

